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The Carbon Chronicle

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ACME, ALBERTA, THURSDAY, JULY 30th, 1953

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Mrs. Syd Cannings and baby of Langdon are visiting at the home of Mr. and Mrs. Gillespie.

Walter Mucha of Carbon met with an accident at Edmonton when he was shot through the ankle with a .22 rifle. Walter is in Edmonton hospital.

Marvin Leslie Archibald, 21, of Stewiack, Nova Scotia was killed Friday at the rig of Trident Drilling Co. near Carbon when a piece of the rig apparently broke hurling Archibald to the ground. Coroner Dr. G. H. Whitmore is in charge of investigation of the accident.

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from

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CALGARY, ALBERTA

JOHN LEISKE, Local Rep.
Phone R1013, Acme

Buildings were flattened and baseballs. West and in many cases south windows were smashed, roofs ruined, trees stripped and cars had windshields shattered and hoods battered. Crops in the path of the storm were battered into the ground with nothing left standing.

Len Sherring reports he measured one hailstone which was 11 inches in circumference, but says that not as many stones fell at Grainger as in Acme.

Ethel Miers and Ted Ohlhauser were married on Wednesday evening at 7:30.

Mrs. G. Hein of Kelowna, B.C. is visiting her brothers, John and Fred Harsch.

Rev. and Mrs. Bruce Hotchkis and baby are away on a holiday trip to Vancouver, B.C.

Betty Graff met with an accident Tuesday when she fell from a horse and broke her arm.

Mrs. Cliff Klein and two sons of Calgary spent the last two weeks at the home of Mrs. Bertsch and Mabel.

Mr. and Mrs. Henry Jerome of Prince George, B.C. are visiting at the home of Mr. and Mrs. Charles Graham.

We deeply regret having been late with recent issues of the Chronicle and sincerely hope and expect to do better in the future

Vote for the candidate of your choice on Aug. 10th. It's your duty and privilege as a citizen of this democratic nation.



W. D. MacDonald (above) Liberal Candidate for Bow River who addressed a public meeting in Carbon Monday night.

MRS. ELLEN SCHMALTZ

Mrs. Ellen Schmaltz (nee Howe) 28, of Three Hills, passed away in the Three Hills Municipal hospital on Wednesday morning, July 22nd after a lengthy illness.

Born at Swalwell April 16th, 1925, she received her schooling at Fertile Valley and Swalwell High School. In 1941 she enrolled at Old's Agricultural School graduating in 1943, after which she worked in Waterbury's Drug Store, Three Hills for several years. In 1947 she attended Beatson's Beauty School in Calgary, later setting up and operating her own beauty parlor in Three Hills until a year ago.

She leaves to mourn her passing, her husband, Ned; one daughter, Barbara; her father and mother, Mr. and Mrs. Wm. J. Howe of Swalwell; one brother Harold of Swalwell; twin sisters, Mrs. Gordon Paget of Swalwell and Mrs. Keith Leonard of Three Hills.

Funeral services were held in Knox United Church, Three Hills on Saturday, July 25th at 2:30 p.m. with Rev. Lavoris officiating.

BE SURE YOU VOTE



QUESTION: Is cancer transmitted by clothing and similar materials?

ANSWER: Cancer cannot be transmitted by clothing because there are no germs or other external agents to carry the disease from person to person.

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CANADIAN CANCER SOCIETY
DRUMHELLER, ALBERTA

THE CARBON CHRONICLE

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Practical Safety Hints

1. Keep guards on power machinery.
2. Avoid wearing loose or torn clothing or gloves around moving machinery.
3. Avoid operating your tractor on dangerous inclines, near ditches or banks.
4. Keep farm-yard clear of trash, sharp tools and forks.
5. Keep youngsters away from machinery, water tanks and other hazardous places.
6. Keep up repairs on ladders and steps.

WATCH THIS SPACE FOR
FURTHER DETAILS

SEALED TENDERS

Sealed tenders, addressed to the undersigned and endorsed "School at Carbon" will be received up to 12 noon, Wednesday the 12th of August, 1953, for the construction of a four classroom school and gymnasium, in accordance with plans and specifications prepared by Alfred W. Hodges and Maxwell Bates, Associated Architects of Calgary.

Plans and specifications may be obtained from the undersigned for one set, which will be refunded upon return of plans and by General Contractors, upon payment of a deposit of \$25.00 specifications in good condition. For the benefit of Sub-Contractors one set will be on view in the office of the Secretary-Treasurer at Drumheller.

Tenders must be made out on the form supplied with the plans, and accompanied by a certified cheque on a Chartered bank in Canada, payable to the School Trustees for an amount equal to 5% of the Tender. This will be returned to unsuccessful tenderers upon the awarding of the contract, and to the successful tenderer in exchange for a surety bond amounting to 20% of the contract price, to ensure full and faithful performance of the work. The lowest or any tender will not necessarily be accepted.

A. W. Poland,
Secretary-Treasurer,
Drumheller School Division No. 30,
Box 570,
DRUMHELLER, Alberta.

For Real Comfort

STAY AT
HOTEL ROYAL
CALGARY

Convenience and Comfort
at Reasonable Rates



Add Spice To Your Meals With Homemade Pickles

ALL vegetables for pickling must be fresh picked and not over 24 hours old. Dill, which is so popular a seasoning, is best when the seeds are full grown, but not so ripe that the seeds are falling from the stalks. It is extremely necessary that a good dairy salt be used for all types of pickling. Table salt should never be used. And vinegar should be of first grade for successful products. Brined pickles will spoil if not kept completely covered with the brine mixture. A good guide for quantity is one half the quantity of brine to pickles by measure; that is, $\frac{1}{2}$ gallon of brine will cover 1 gallon of pickles. To make brine add desired amount of salt to small quantity of measured water; bring to boil and add remainder of water. Allow to cool before pouring on pickle, unless otherwise specified in the recipe.

Chili Sauce

24 ripe tomatoes
4 green tomatoes
5 medium-sized onions
4 sweet red peppers
4 green peppers
3 teaspoons cinnamon
1 teaspoon ground cloves
1 1/2 teaspoons ginger
1 teaspoon nutmeg
2 cups light brown sugar
2 1/2 cups vinegar
2 tablespoons pickling salt

Scald tomatoes, remove skins, chop. Drain off surplus liquid. Cut green tomatoes in slices without peeling. Slice onions. Remove seeds and membrane from peppers, cut in narrow 2-inch strips.

Combine vegetables in kettle. Add vinegar, sugar and seasonings. Simmer gently until of proper consistency, about 2 hours.

Pack in hot sterilized jars. Run a knife down sides of jar to remove bubbles. Seal and store in cool, dark place. Makes about 8 pints.

Celery Relish

1 quart minced cucumbers
1 quart minced onions
1 quart minced cabbage
1 quart minced celery
Peel cucumbers before putting through the chopper. Mix all the chopped vegetables and sprinkle with half cup salt and let stand overnight. Then drain well. Prepare the following sauce:
4 cups white vinegar
6 cups sugar
1/2 cup flour
1 tablespoon turmeric

Do FALSE TEETH Rock, Slide or Slip?

FASTEETH, an improved powder to be applied on upper or lower plates, holds false teeth more firmly in place. Do not slide, slip or rock. No gummy, pasty taste or feeling. FASTEETH is alkaline (non-acid). Does not sour. Checks "plate odor" (denture breath). Get FASTEETH at any drug store.

Patterns

Crochet of Straw



7006

by Alice Brooks

Serve candy, fruits, nuts in these shells! Use them on the table for crackers, bread, mints! EASY—just crochet of straw, sugar starch into shape.

Pattern 7006 has easy-to-follow crochet instructions for shells, 6 and 9 inches in straw.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department,
Prairie Publishers Limited,
60 Front Street W., Toronto.
Be sure to write plainly your Name, Address and Pattern Number.

TEN COMPLETE PATTERNS to sew, embroider, crochet—printed in the new 1953 Alice Brooks Needlecraft Book! Plus many more patterns to send for—including ideas for gifts, home accessories, toys, fashions! Send 25 cents now!

4 tablespoons mustard
1 tablespoon celery seed
1 teaspoon mustard seed
2 sweet red peppers, chopped
2 green peppers, chopped
Bring vinegar and sugar to the boil. Mix flour, turmeric and mustard to a smooth paste with a little cold water. Pour the boiling vinegar over this and stir until smooth and well blended. Return to the heat and cook, stirring constantly until thickened.

Add celery and mustard seed, well-drained vegetables and red and green peppers. Boil hard for 10 minutes, stirring to keep from sticking, and turn into hot, sterilized jars and seal.

Corn Relish
8 cups raw corn, cut from cob
3 cups chopped onions
1/2 cup chopped green pepper
1/2 cup chopped red pepper
2 tablespoons celery seed
3/4 cup brown sugar
1 cup granulated sugar
7 teaspoons salt
1 tablespoon powdered mustard
3 cups vinegar

Combine all ingredients in the order named, mix thoroughly. Bring to boil and simmer gently for 35 to 40 minutes. Makes 4 to 5 pints. This is particularly nice with ham.

Dixie Relish
3 pounds green tomatoes
3 pounds red tomatoes
1 medium-sized head of cabbage
3 sweet red peppers
3 green peppers
1 quart onions
1 1/2 bunches of celery
9 tablespoons salt
1 1/2 quarts vinegar
4 1/2 cups brown sugar
2 pieces stick cinnamon
1 1/2 teaspoons cloves
1 1/2 teaspoon dry mustard

Chop the vegetables very fine. Add salt, let stand overnight. Drain off the accumulated liquid.

Add vinegar and brown sugar. Place cinnamon, cloves and mustard in a cheesecloth bag, and boil all ingredients together for 30 minutes. Remove spice bag. Pour into hot sterilized jars and seal at once.

Old-Fashioned Mustard Pickle
1 quart diced cucumber
3 apples, unpared and diced
1 large cauliflower, diced
1 quart diced onion
3 red peppers, cut in strips
3 green peppers, cut in strips
Combine all vegetables, place in crock with brine to cover (allowing 1 cup coarse salt to 1 gallon cold water). Allow to stand overnight. Drain thoroughly, add 1 cup water, heat to scalding point. Meanwhile, prepare the dressing:
1/4 pound dry mustard
6 cups light brown sugar
1 cup flour
2 teaspoons turmeric
1 tablespoon celery seed
6 cups white vinegar

Mix dry ingredients, add gradually to vinegar which has been brought to scalding point. Cook over low heat, stirring constantly, until thick.

Pour mustard dressing over hot vegetables, again bring to boil over low heat. Boil 1 minute only, stir.

PILES that Itch and Burn

If you now suffer from the itching soreness and burning pain of piles you can be helped.

Just get a package of Hem-Roid, an internal pile treatment, at any drug store and use as directed. You will be pleased at how quickly your pile trouble is relieved. Only \$1.59 for the big 60 tablet package. If you are not 100% pleased after using Hem-Roid 2 or 3 days, as a test, ask for your money back. Refund

agreement by all drug stores.

Pattern 7006 has easy-to-follow

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ring constantly. Pour into hot sterilized jars and seal. Makes 8 to 9 pints.

Nine Day Pickles

4 quarts small cucumbers
1 cup salt
2 quarts boiling water
1 1/2 cups white vinegar
7 cups white sugar
2 tablespoons celery seed
3 sticks cinnamon

Select small, garden-fresh cucumbers. Wash, cut into rounds and remove seeds, but do not peel. Place in stone crock. Make a brine of the salt and boiling water, pour over cucumber chunks immediately. Let stand 3 days.

Drain brine from cucumbers, bring to boil, pour over cucumbers. Again allow to stand 3 days.

Again drain brine from cucumbers. Rinse the cucumbers in cold water. Dissolve 1 tablespoon alum in 1 gallon boiling water, pour over cucumbers. Allow to stand 6 hours.

Drain alum water from cucumbers. Make a syrup of the vinegar, sugar and spices, pour over cucumbers while hot.

Allow them to stand in this syrup for 3 days, bringing syrup to boil each day and pouring it over them. The ninth day place the pickles into hot sterilized jars and seal.

Green Tomato Pickles
1 gallon green tomatoes
3 cups brown sugar
12 large onions
3 cups vinegar
3 tablespoons whole mixed pickling spice

1 tablespoon celery seed
1 tablespoon turmeric

Slice tomatoes and onions and arrange in layers in a crock with a generous sprinkling of salt between each layer. Let stand overnight and in the morning drain and wash thoroughly. Tie all spices in a cheesecloth bag and boil with the vinegar and sugar and add to the tomato and onion. Boil gently for about 45 minutes, then remove spice bag and seal pickles in sterilized jars.

Peach Chutney

4 cups granulated sugar
3 cups vinegar
5 pounds peaches
2 oranges
2 lemons
2 cups seedless raisins
2 cloves garlic, minced
2 cups chopped onion
3 green peppers, chopped
2 teaspoons salt

Bring sugar and vinegar to boil. Add peeled, quartered peaches, oranges and lemons sliced paper-thin, and remaining ingredients. Bring to boil, simmer uncovered until tender, about 30 to 45 minutes.

Pour into hot sterilized jars and seal. Makes about 7 to 8 pints.

Apple Plum Chutney

3 pounds plums chopped
1 pound green apple chopped
1 large onion, chopped
2 tablespoons preserved ginger, chopped
2 cups granulated sugar
2 teaspoons salt
1/2 teaspoon cinnamon
1/4 teaspoon mace
1/4 teaspoon allspice
1/2 teaspoon cloves
2 cups vinegar
1/2 teaspoon cayenne

Combine all ingredients in large kettle, allow to simmer for about 2 hours or until of desired consistency.

Pour into sterilized jars. Run knife down around inside of jar to remove bubbles. Seal and store in cool, dark place.

PEGGY



Lily Pickles

Slice 12 cucumbers and 4 onions thin. Sprinkle with $\frac{1}{4}$ cup of salt and stand overnight.

Dressing:

3 cups sugar
1 cup flour
1/4 teaspoon turmeric
2 1/2 tablespoons mustard
2 cups vinegar
2 cups water

Boil till thick. In the morning pour off salt brine, rinse with clear water then pour dressing over them. To prevent the flour, turmeric and mustard from becoming lumpy mix vinegar.

Cucumber Pickles

12 green tomatoes
8 onions
8 cucumbers
Large red and green peppers
Grind and sprinkle with salt. Sauce:

4 cups brown sugar
4 cups vinegar
1 1/2 tablespoons turmeric
1 1/2 tablespoons mustard
1 tablespoon celery seed
1 cup flour mixed—water

Cook sauce 30 minutes. Add to vegetables and cook until vegetables are soft.

Citron Pickles

Pare 1 good sized citron. Cut into strips $\frac{1}{2}$ " by 3". Cover with brine, 2 tablespoons salt to 1 quart of water. Let stand 24 hours. Drain. Cover with clear water and let stand 12 hours. Drain. Cover with alum water, 1 teaspoon alum to 1 quart water. Let stand 12 hours. Drain. Cook in clean water until clear. Drain. Bring to a boil in the following syrup:

1 pint vinegar
3 1/2 pounds sugar
1/4 teaspoon oil of cloves
1/2 teaspoon oil of cinnamon

Let stand overnight. Bring to boiling point and seal.

Mustard Pickle

2 pounds large cucumbers
2 pounds small cucumbers
2 pounds silver skin onions
2 pounds green tomatoes
2 pounds celery
1 fair sized cauliflower
1 green pepper
1 red pepper

Put all in saucepan in salted water. Let stand overnight and then drain.

Dressing:

1 small cup flour
3 pints vinegar
3 cups white sugar or more
6 level tablespoons Keens mustard
1 tablespoon celery seed
1 tablespoon currie powder
1 tablespoon turmeric

Put pickles in and cook till tender.

Sweet Dill Pickles

Pack cucumbers in jars, cut any size desired. Pack plenty of dill in jars. Put 1 tablespoon salt to each quart and pinch of alum.

Make liquid of:

4 cups vinegar
2 cups sugar

Put 1 cup liquid in each quart. Fill jars with boiling water and seal tightly. (A little garlic may be added if preferred.)

Million Dollar Pickle

3 quarts cucumbers sliced, not peeled
1 quart onions sliced thin
3 green peppers sliced thin

Let stand overnight in salt water. Using about $\frac{1}{2}$ cup salt to 4 cups water. Drain well.

Add:

2 teaspoons turmeric
1 teaspoon celery seed
1 teaspoon mustard seed
6 cups sugar

Vinegar to cover (2 cups)

Heat thoroughly and just before canning add 1 cup pimento or 3 red peppers cut into small pieces.

Bread and Butter Pickles

12 cucumbers
4 onions
1/4 cup salt
2 cups vinegar

1 tablespoon ginger
1 tablespoon celery seed
1 teaspoon turmeric
1 cup sugar

1 tablespoon mustard seed

Soak cucumbers in cold water overnight. Cut unpeeled cucumbers in very thin slices. Sliver onions lengthwise. Cover cucumbers and onions with salt. Let stand 1 hour. Rinse in cold water. Drain. In large kettle, heat vinegar with sugar, mustard seed, celery seed, ginger and turmeric to boiling. Add cucumbers and onions. Quickly return to boiling point, boil exactly 3 minutes. Pack in sterilized jars and fasten closures at once.

Pepper Hash

12 large red peppers
1 1/2 cups vinegar
1/2 cup water

1 tablespoon salt
3 cups white sugar

Put peppers through chopper, sprinkle with salt, let stand for 3 to 4 hours. Then drain. Place in kettle with other ingredients and boil till thick. Bottle. Note: By brushing the kettle with butter you will find pickles and jams are less apt to stick.

Modern Times

You Can Rent Anything From Cosy Bar To A Mink Coat

(By Peter Wyden, condensed from the St. Louis Post-Dispatch)

Your electric razor is broken and the repair man is mighty sorry but it'll be three days before you can have it back. To some hard-skinned, soft-whiskered citizens this may be only a minor annoyance. To others it's a calamity. Seventy-two hours of life with a hand-powered razor, they're convinced, will leave them with gaping wounds and five o'clock shadow at lunch time.

There is no longer any need to fret over such an emergency. Today you just rent an electric razor for \$1 a day and return it whenever your own is fixed.

Amazing? Not in the least. While most of us weren't looking, rentals turned into a tremendous business. Right here in town you can rent almost anything, including a bulldozer, a bath towel, or an electronic brain. It's the ideal way to get a lot of things which you may need for only a limited time.

Let's examine some of life's little complications to see how this new economic trend can come in handy.

Say you're taking a trip. You can rent your luggage. Men's and women's styles are available, anything from standard-sized bags to overseas trunks renting for \$7.50 a week. (Like all prices herein, this is a sample quotation from a local source.) Maybe you'd like to rent a travelling iron and a clock to take along and drive off in a Cadillac (\$12 a day plus 12 cents a mile).

If you're going some place fancy, perhaps you'd care to dress up in a mink coat. That will run \$25 a night, but for longer periods the rate goes down. One young woman just returned from a six-month cruise to the West Indies and her mink coat for that period rented for a mere \$350.

You say you can't afford to go away this Winter? Well, why not rent an ultra-violet lamp to give you that crisp Florida suntan in your own living room. That will run \$10 to \$15 a month and you won't have to worry about keeping the wind and sand out of your hair.

Suppose you're having a baby or must house a small visitor from out of town. Your \$9-a-month baby crib comes complete with mattress, mattress cover and rubber sheet. You can also rent a play-pen, a bassinet, high chair, stroller, and tiny tables and chairs for children's parties.

If baby is very small, Mamas will want to watch its weight carefully, so you may want to rent a baby scale. And of course many mothers no longer bother to launder diapers. They just call the diaper service which delivers any quantity as many times a week as required, and picks them up to be washed and sterilized.

Your house guests are of the fully grown variety and you have no facilities to bed them down? Rent a roll-away bed and call one of the linen supply houses for the accessories. You can hire a bedsheet for 20 cents a week and send it back dirty, and if you're short of pillow cases and towels you can rent them too.

When it comes to throwing a party you can rent virtually everything but the guests. A big silver coffee urn runs around \$4 to \$5 a day and a \$250 punch bowl comes to \$4.50. Tablecloths and napkins come white and checkered.

There's at least one outfit in town that can send up to 12,000 folding chairs into your house as soon as you give the word. Portable bars are ready in a variety of sizes and if you rent a good-sized coat-and-hat rack (\$2 a day) the guests won't have to scramble madly in order to leave with the outfit they wore upon arrival.

Use Your Perfume!

Did you ever make a present of a lovely bottle of perfume only to discover that the recipient hadn't even used the perfume you gave her last year? And she expressed such appreciation when she received it!

This hoarder of gift perfume loved it—no mistake about that—but she was carrying on the old fallacy that many American women perpetuate, year after year—that of looking upon perfume as so rare and precious that it must be saved for special occasions.

Not many women have enough special occasions in their lives to enable them to use up their bottles of perfume before they spoil. Like vintage wine, perfume, once opened will spoil in time due to alcohol evaporation. It's not this practical reason alone which is important—but this: Perfume can't enjoy unless it is worn.

You can rent a roaster, an hors d'oeuvre tray, a poker table, a chafing dish, pepper and salt shakers, and rugs from nine-by-ten feet up.

For a wedding nowadays about all you need to furnish is the license and a partner. There's nothing new, of course, about renting a tuxedo up to size 56 (complete with shirt, tie, studs, cuff links and shoes), but these days you can get a bridal gown (\$25 and up), bridal veil (\$10 up), a famous-make \$150 formal gown, tuxedos small enough to fit a three-year-old, and costume jewelry.

Even the delicate problem of displaying wedding gifts has been solved. Instead of laying out the loot over a bed, the proper thing to do is to rent special tables with tiers or display risers for \$2 to \$3 a day.

"That way each person's gift is as prominent as the others," says the man who rents them.

Thinking of fixing up the house? Rent anything from a vacuum cleaner (\$1 a day) to floor polishers, coveralls (around 85 cents a week—send 'em back dirty), and a 36-foot ladder with a carrier that will permit you to strap it atop your car and lug it home (\$2 a day).

There's a wallpaper steamer you can rent to take the old paper off and a complete wallpaper hanging kit to put the new paper on. And of course you can have a power mower, a paint sprayer, a tree saw, a fence-stretcher, a post-hole digger or an extra length of garden hose.

Some models of the latest "mechanical brains" are for rent (for up to \$2,500 a month or more) to do scientific computations or perhaps the bookkeeping, balance sheets, payroll, checks and invoices for an entire large corporation.

Auto Stickers To Aid Parks In Minnesota

ST. PAUL, Minn.—Visitors to Minnesota's state parks this summer will be faced with pointed "requests" that they buy \$1 auto windshield stickers to help finance the parks.

The \$1 sticker law has just gone into effect, despite the refusal of Gov. C. Elmer Anderson to sign it. The parks "use fee" applies to residents as well as non-resident visitors. The latter make up a large part of estimated 2,255,000 persons who visited the parks last year.

The system consists of 30 major parks, several of which exceed 30,000 acres in size, and 36 lesser properties including monuments and historic sites.

PROTECT BABY

Baby needs fresh air and sunshine but he should be placed so that the sun cannot injure his eyes or burn his tender skin. Some form of shade should be arranged to protect him as he lies in his carriage. A net to keep out flies or insects should be placed over him.

Then again, there's the trout's air bladder. It opens into the throat, as lungs do. It is a criss-cross arrangement and not a very good one, as many a human has discovered when he has swallowed something and it "went down the wrong way."

The perch is among those "higher" fish which, evolving along lines different from man and land animals, have eliminated the crisscross.

As science sees it, the trout, like the tarpon and other favorites of the angler, are soft-rayed fishes that,

in the evolutionary scale "stayed put" not so long after the time when some other fishes began venturing out of the water and so became the ancestors of birds and mammals.

The eye movements were detected by electrical recordings.

If the sleeper was wakened when his eyes were dancing, he usually reported he had just been dreaming.

He wouldn't recall having dreamt if aroused when there were no such eye movements, or if they had occurred at least half an hour earlier.

This may, they said, provide a way of getting facts about dreams, their frequency and duration, and how they tie in with personality or living habits.



SIGNED UP—Hollywood screen stars Lana Turner, (left), and Pier Angeli sit together as they talk with newsmen in a hotel in Rome. Pier is an Italian girl who became a U.S. film star and this press conference followed the announcement that she would co-star with Lana in a picture to be made in Europe.

Perch Way Ahead Of Trout In Spite Of Anglers' Viewpoint

While the meticulous angler knows the trout as one of the fairest of all creatures, and the yellow perch as mere vermin by comparison, fish scientists reverse the order, it was stated at the Quebec Biological Bureau, University of Montreal.

It must be added that this statement is made from the viewpoint of morphology, the science of form and shape. Differences between trout and perch in this respect are in favor of the latter, it appears.

In the light of science, most common fishes may be described as vertebrates and compared with man himself; the arms being represented in the fish by pectoral fins, the legs by the pelvic fins. In the trout, the same relative positions are more or less preserved. But in higher fishes, such as the perch, the "legs" have moved forward and are fashioned to what in humans could be called the shoulder. Grotesque as this may appear, it is considered to be a change from a lower to a higher form.

The perch's spines, too, which to the angler are the source of many a nasty gash, are considered a specialization and therefore an advance over the soft-rayed trout.

Then again, there's the trout's air bladder. It opens into the throat, as lungs do. It is a criss-cross arrangement and not a very good one, as many a human has discovered when he has swallowed something and it "went down the wrong way."

The perch is among those "higher" fish which, evolving along lines different from man and land animals, have eliminated the crisscross.

As science sees it, the trout, like the tarpon and other favorites of the angler, are soft-rayed fishes that,

in the evolutionary scale "stayed put" not so long after the time when some other fishes began venturing out of the water and so became the ancestors of birds and mammals.

trout is certainly not going to emerge from its waters, but it is not inconceivable to science that, given an extra, highly unlikely series of modifications, it could do so.

On the other hand, perch, along with bass and tuna, have taken their lot as fishes so seriously that they have evolved specifically for the purpose and so could never be anything else. They are very advanced fish.

But "advancement" along these lines has its limits. For example, the angler fish of the Gulf of St. Lawrence has his pelvic fins ahead of his pectorals.

Degeneracy, fish scientists call that.

Your Eyes Dance When You Dream Says Scientists

CHICAGO.—Your eyes apparently dance when you dream.

This dream-dancing is a peculiar kind of rapid, jerky eye movements, Drs. Eugene Aserinsky and Nathaniel Kleitman, University of Chicago physiologists, told the Federation of American Societies for Experimental Biology.

The eye movements were detected by electrical recordings.

If the sleeper was wakened when his eyes were dancing, he usually reported he had just been dreaming. He wouldn't recall having dreamt if aroused when there were no such eye movements, or if they had occurred at least half an hour earlier.

This may, they said, provide a way of getting facts about dreams, their frequency and duration, and how they tie in with personality or living habits.

Billiards was introduced to America by Spanish settlers in 1565.

Insurance Firms List Risky Jobs

Being Baseball Umpire Isn't Safest in World, Insurance Association Reveals

CHICAGO.—You can't beat the hours, and the pay is good, but the life of a baseball umpire isn't the safest in the world, an insurance association revealed.

A report published for the health and accident underwriters' conference listed the hazards of umpiring as comparable to that of a deputy sheriff.

However, the insurance experts who drew up the occupational classification report state that the chances of an umpire reaching old age without being slugger by a fan are getting better all along.

In 1933, a similar report listed umpires in a "B" category, but the study released today moved the umpires up to an "A" classification. The hazards of life and limb to an umpire formerly ranked right alongside that of a policeman or foreman.

A group of four insurance men spent two years listing jobs, then studied accident statistics to find out how dangerous the work was. The safest jobs, from the standpoint of bodily injury, were given an "AAA" classification. The most dangerous types of employment were placed in a "D" category.

The 72-page book compiled by the insurance experts lists a total of nearly 2,000 jobs. It will be used as a guide for insurance companies in issuing policies.

Some of the jobs listed in the report are wild animal collectors, yeast makers, wig makers, umbrella repairers, and truant officers.

Among the safest jobs are those held by "white collar" workers. Attorneys, office employees, merchants and clerks fall into this class with a rating of "AAA".

The report shows the lives of movie actors are becoming more and more hazardous as the years go on. In the 1934 report, actors were given an "A" classification, but the latest survey places most thespians in a "B" category. Other jobs in the "B" class are motorcycle policemen, unskilled laborers and industrial workers using heavy machinery.

The insurance men said that beauty operators are just about equally liable to be laid up with injuries as bartenders. However, a ski instructor's job is considered safer than a stable hands or grooms.

Under the most dangerous jobs are listed dynamiters, motorcycle racers and polo players.

Reporters, newspaper columnists and editors rank right up at the top in the "AAA" classification.

SOUTH DAKOTA HAS MANY NEW ROOMS FOR TOURISTS

STURGIS, S.D.—The addition of many accommodations by resort, hotel, and motel operators in the Black Hills and Badlands of South Dakota will provide modern facilities for housing 20,000 persons nightly in this vacation playground this season. Prices for lodging and meals are generally the same as last year or lower.

There are some 2,800 living languages and dialects in the world.

Good Spreads Mean More Fun at a Picnic

By DOROTHY MADDOX

Hot days mean "picnic days" and picnics mean sandwich spreads. Why not have a special shelf "all ready" for a last-minute picnic on the back porch or lawn. Better yet, why not a drive to a favorite picnic spot.

On this special shelf keep a supply of jars filled with jellies and jams, peanut butter, deviled ham, mayonnaise, cheese spreads, olives and pickles. Add essentials like wax paper, paper napkins and paper plates. And when the kids say "let's go," you can whip your picnic together in a matter of minutes.

DEVILED HAM AND JELLY SPREAD

(Makes about 1 1/4 cups spread)

One cup deviled ham (8 ounces), 2 hard-cooked eggs, chopped, 1/4 cup apple jelly, 3 tablespoons mayonnaise.

In a bowl, combine deviled ham, eggs and jelly. Mix thoroughly. Stir in mayonnaise and blend well. Spread on buttered bread.

PEANUT BUTTER AND JAM

One-half cup peanut butter, 1/2 cup mashed banana, 1/4 cup mayonnaise, 1/2 cup seedless raspberry or blackberry jam.

In a bowl, combine the peanut butter, banana and mayonnaise. Mix thoroughly. For each sandwich, spread the peanut butter mixture on buttered bread. Spread raspberry or blackberry jam on another slice of buttered bread.

Put the two spread sides together. Cut in half diagonally.

Everyone loves the combination of cream cheese and jelly but add a bit of grated orange rind and some chopped walnut meats and you'll have something extra special.

WALNUT CHEESE AND JELLY SPREAD

(Makes about 1 1/4 cups spread)

One 8-ounce package of cream cheese, 1/2 cup currant or grape jelly, 1 tablespoon grated orange rind, 1/4 cup chopped walnuts. In a bowl, soften cream cheese. Stir in currant or grape jelly; mix until smooth for the spread.



Deviled ham and apple jelly make a tasty sandwich spread. Try sandwiches filled with this delicacy for your next picnic lunch.

PEACHY-GINGER CHEESE SPREAD

(Makes about 1 1/4 cups spread)

and well blended. Add orange rind and walnuts; mix thoroughly. Spread on buttered bread.

One cup creamed cottage cheese, 1/2 cup peach preserves, 1/2 teaspoon finely chopped preserved ginger.

In a bowl combine cottage cheese and peach preserves. Mix thoroughly. Stir in preserved ginger. Spread on buttered bread. If desired, serve with sprigs of crisp watercress.

Note: Two tablespoons of finely chopped raisins may be substituted for the ginger.

Use Your Perfume!

Did you ever make a present of a lovely bottle of perfume only to discover that the recipient hadn't even used the perfume you gave her last year? And she expressed such appreciation when she received it!

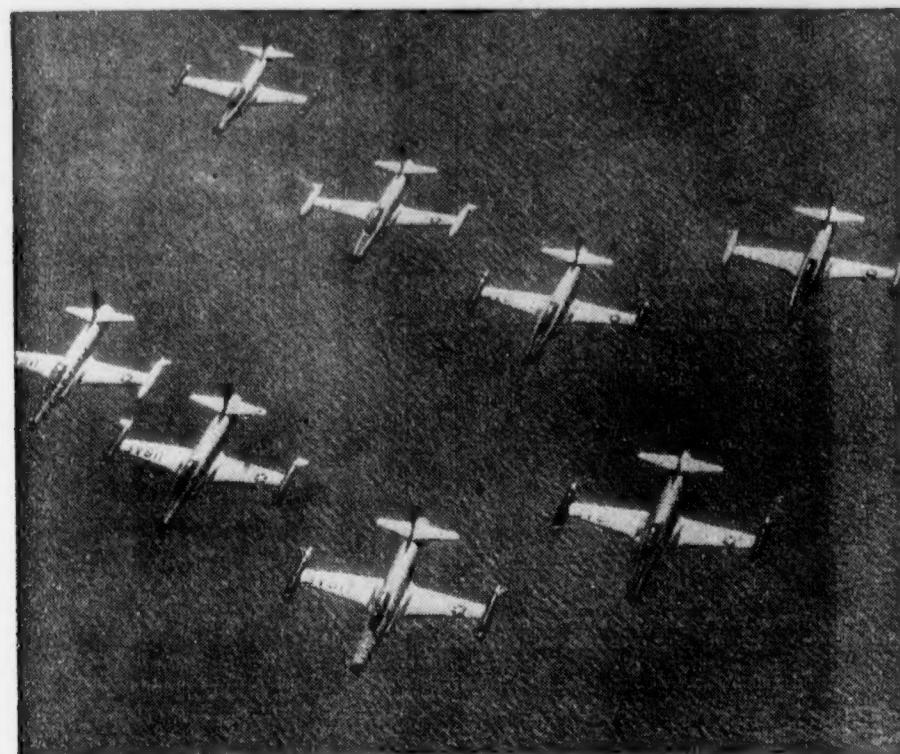
This hoarder of gift perfume loved it—no mistake about that—but she was carrying on the old fallacy that many American women perpetuate, year after year—that of looking upon perfume as so rare and precious that it must be saved for special occasions.

Not many women have enough special occasions in their lives to enable them to use up their bottles of perfume before they spoil. Like vintage wine, perfume, once opened will spoil in time due to alcohol evaporation. It's not this practical reason alone which is important—but this: Perfume can't enjoy unless it is worn.

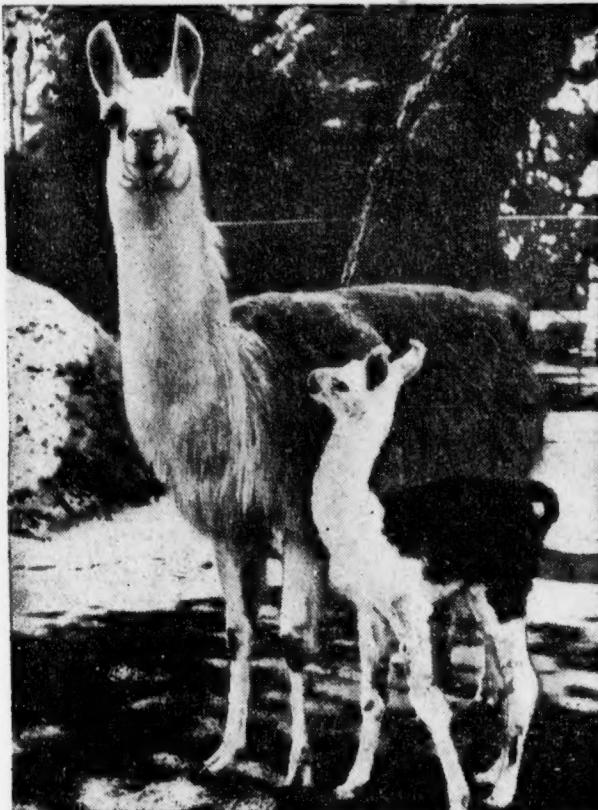
U.S. Starfire
Jets Streak
To Home Base

World News In Pictures

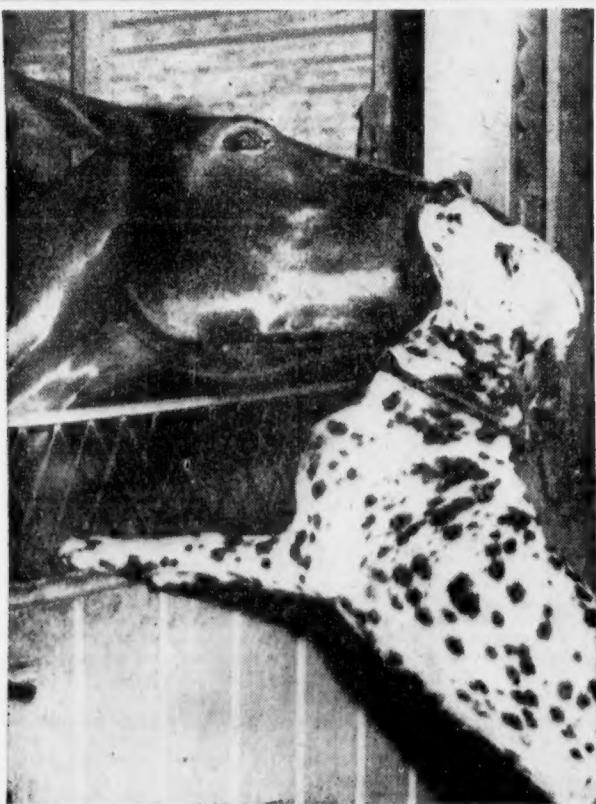
Baby Lama
Likes The
Limelight



GLEAMING GUARDIANS—A flight of U.S. Air Force F-94 Starfire jets gleam in close formation as it streaks to its home base in Japan. Employing performers like these, the Japan Air Defense Force maintains a constant vigil, safeguarding the country from possible attack.



LITTLE LLAMA LIKES THE LIMELIGHT—Mary also had a little flame and is mighty proud of him, as this photo from the Melbourne, Australia, Zoo will testify. The new baby was named "Tanglefoot" because at first he didn't seem to have a leg to stand on.—Central Press Canadian



TASSEL, a Dalmatian belonging to trainer Harry Pownall of the Arden Homestead Stables at Orlando, Fla., gets the straight dope. His informant, Siam, is one of Pownall's trainees. Siam is not a race horse but perhaps show horses have secrets too!

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LADY BY THE LAKE—Cooling off beside a lake in southern Utah is lovely Jan Sterling of Hollywood. She is seen above relaxing between takes of a new movie.



SCHOOL IS A CIRCUS—Students at Florida State University, Tallahassee, Fla., have the opportunity to enroll in a circus course. Patricia Payne and George Bowers are seen passing a test in high-wire antics under the big top.

A woman of the Ainu race of northern Japan must never pronounce the name of her husband. To do so is supposed to subtract something from his life.



VIOLIN MAKERS—This ancient art is taught in a Washington, D.C., school only a few blocks from the White House. At left, Edward Turner pares and shapes an instrument, Anna Reggio, (centre), works on another, at right Philip Canter holds a viol d'amore which he made at the school.



ONE WAY TO DO IT—The heat wave in Paris has caused the residents to do something about the weather. This pretty model couldn't wait for the swimming pool to fill up, so she just stood under that big water pipe. Her expression indicates that it felt just fine, too, even if there wasn't enough water in the pool at the time to do any swimming.

WEEKLY CROSSWORD PUZZLE

HORIZONTAL

1 Footlike part
4 An abyss
9 American writer
12 Skill
13 Medieval weapon
14 Monetary unit of Latvia
15 Traps
17 To reprimand
19 Clock in shape of ship
20 Loaded
21 Agreement
23 Once around track
24 Keyed up with eager desire
27 High card
28 A gear tooth
29 A set of professed opinions
30 Pronoun
31 Legal science
32 Ethiopian title
33 Reposition
34 One who wanders from place to place
35 Norse goddess of healing
37 To embrace
38 Allowance for waste
39 Nahoor sheep
40 Male sheep (pl.)
41 City in Michigan
43 Rocky pinnacle
44 Ached
46 Swimming
49 Guido's high note
50 Unspoken
52 Bluff of water
53 The sesame
54 Cookies
55 As it stands (mus.)

8 Reward
9 To act with recklessness
10 Tree
11 French for summer
16 To soak
18 Animal (pl.)
20 Fall behind
21 To color
22 Theatrical performer
23 Not on the ground
25 Abhorrence
26 Percussion instrument (mus.)
28 Scoundrel
29 Lame
31 Langue
32 Narrow inlet
35 Domestic
36 Abstract being
37 To worry by repeated attack
39 Kind of car
40 Decay

42 Allows
43 Make lace
44 Cuddle
45 Fourth calif
46 To blight

47 Seine
48 Seize
49 Pagoda
51 Symbol for calcium

Here Is the Answer



WHAT ABOUT THESE A-BOMBS?

Seeking to dispel mystery which creates uneasiness, Canadian civil defence authorities have set out, in manuals and other material prepared in connection with the national preparedness program, to tell people just what may be expected from the much publicized and even more misunderstood "A-bombs".

Full details on the types, effects and special attributes of atomic weapons are contained in the book "Personal Protection under Atomic Attack," which has been made available to all interested in defending Canada against possible enemy onslaught.

Those training in the various civil defence services are being taught even how much damage and how many casualties might be expected from the various types of bomb bursts, and anyone who reads the federal publications can obtain a very good idea of what to do before, during and after raids, even with the most as a shield, although consider-

deadly weapons yet devised.

Belief that atomic weapons would destroy the earth is foolish, say the experts. Although atomic weapons hold more death and destruction than man has been able to put into one package before, and the new hydrogen bomb may be even more devastating, their power is limited.

RADIOACTIVITY

Danger from radioactivity, which most people fear, is less serious than generally believed. Fewer than 15 percent of Japanese A-bomb deaths and injuries were caused by radioactivity and, had the Nipponese known how to prepare against A-bombs, that percentage would have been reduced considerably. Radioactivity, Canadians are reminded, isn't anything new. It occurs in X-ray and even in rays from the sun. It is only harmful when absorbed in overdoses, just like sunburn.

Fortunately, almost anything that stands between a person and these rays acts, to some extent, as a shield, although consider-

able thicknesses are required to give complete protection. Manuals explain how much covering is required to ward off dangerous rays, and advise those caught outside in a raid to seek cover to minimize possible radioactive effects.

HEAT FLASH

When an A-bomb bursts, a wave of intense heat travels in all directions at about the speed of light. Here again, fortunately, it goes only in straight lines, so that buildings, etc., can protect you. One major danger from such heat flash is the fires it may start. Damp or foggy weather reduces the range of the heat flash and clothing, even, offers some protection. There is not much danger of heat flash burns at a distance of more than 5,000 feet from the bomb burst, if there is sufficient haze to reduce visibility to one mile.

BLAST

Experts don't attempt to minimize the terrible toll which would be taken by blast. It would

be capable of crumbling buildings like matchwood. Buildings up to a mile and a half from the point at which a bomb exploded would be severely damaged, if not totally destroyed. That is why people are advised to throw themselves down, wherever they may be when the bomb goes off.

They should get under cover, even if it's only a desk or a table indoors. The stronger the building in which they shelter, of course, the safer they'll be.

Canadians are reminded, too, that structures may be weakened by bomb blast, so they should keep away from buildings which may fall, even long after the blow has passed.

TYPES OF BURSTS

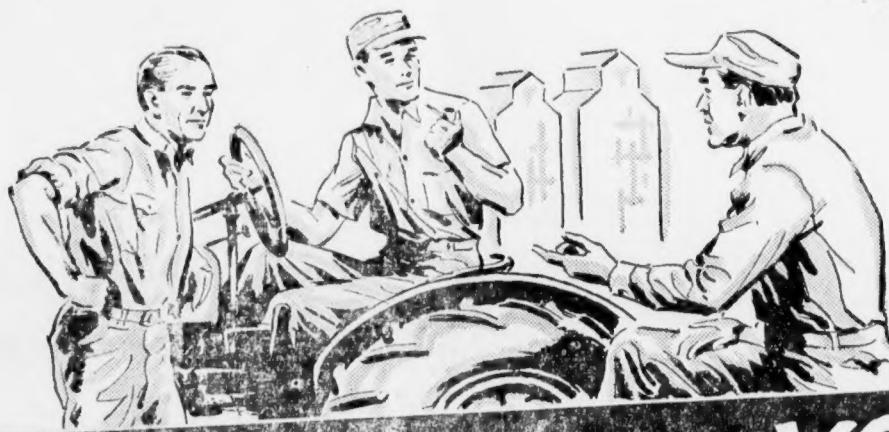
Of the three types of A-bomb burst, that which goes off high in the air is worst, since it spreads havoc downwards over a wide area. If a bomb explodes in water, such as a lake, river or the sea, it may fill the air with particles of radioactive droplets, which can do damage, as well as

create a water surge detrimental to the shore line. A "groundburst", exploding at ground level, would have restricted damage range, but would cause quite a "quake and, too, might send up a lot of radioactive dust.

KNOWLEDGE IS POWER

These facts are being made known to the Canadian public as widely as possible in order that all may know what to expect and, therefore, what to do about such possible dangers. Knowledge is power, and, at least, Canada won't be caught totally unprepared. In fact, the main objective of governments at all levels is to see that the country is not caught unawares—that it is not only ready, but trained, to cope with catastrophe, no matter when or where it strikes.

Vote your choice on August 10
—It's your duty and privilege as a citizen of Canada.



A FARM POLICY FOR YOU!

A PROGRESSIVE CONSERVATIVE GOVERNMENT AT OTTAWA will give you ACTION on the following:

1. 100% Wheat Board.
2. Stronger Producer representation on the Wheat Board at policy levels.
3. Initial grain prices based on costs of production.
4. Advances on grain stored on the farm.
5. Immediate steps to restore and expand world markets for farm products.
6. Floor Prices related to farm production costs and announced well in advance of each crop season.

These are sound practical policies.
Canadian Agriculture needs these policies.

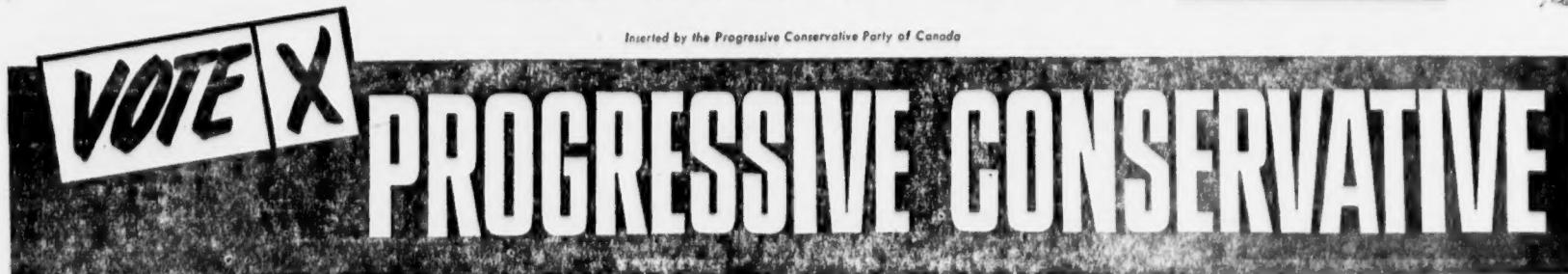
The present Government has refused
to put these policies into effect . . .

WE CAN... WE WILL!

On March 23, 1953, John Diefenbaker said "I believe that Canadian farmers are asking for fair farm levels that bear some relationship to the prices of the products the farmer has to purchase. Therefore, I intend to move an amendment very similar to the one this party has moved on previous occasions, that:

"In the opinion of this house consideration should be given by the government to the advisability of introducing during the present session legislation to provide floor prices for agricultural products at such levels as to ensure producers a fair price-cost relationship."

This motion was voted down by the Liberal majority.



Banff and Jasper Parks Cater To Tastes of Every Man

Both Jasper national park and Banff national park, set amidst regal splendor of the finest peaks in the Canadian Rockies, have all the facilities to cater to the tastes and senses of every man. Activities are now in full swing at these world renowned playgrounds. Accommodation and sightseeing facilities still offer the service and convenience praised in the many tongues of the international set as well as by Canadians.

Banff, the mile-high playground of North America, cradled by five mountains — Cascade, Sulphur, Rundle, Stoney Squaw and Inglismaldie — is the headquarters of Banff national park, 2,585 square miles of mountains, glaciers, forests, streams and lakes.

The castle-like Banff Springs hotel is the centre of social life here. Its hospitality, attractive accommodation, cuisine and recreational facilities have made it world-famous.

The 6,704 yards of golf course were designed by Stanley Thomson of Toronto, internationally known golf architect, so that the maximum of scenic beauty doesn't escape the eye of golfers.

An outdoor swimming pool of warmed sulphur water overlooks the golf links and the beautiful Bow river valley. A warmed fresh water pool can be found indoors.

For those who prefer sightseeing, plastic topped buses and fine mountain roads will take the vacationer to many a scenic wonder. The more rugged holidayer can climb nearby peaks roped to expert guides or run the gamut of swimming, boating, riding, golf and tennis.

Not far from the town of Banff is the Stoney Indian reservation. And this year from July 20 to 23, as every year, the Stoney gather at Banff to hold tribal contests. Known as "Indian Days at Banff", the four-day festival fills the town with color as braves, squaws and papooses parade in exquisitely worked traditional costumes.

Another annual event is the official riding and camping expedition of Trail Riders of the Canadian Rockies. This year the order will have its outings from July 14 to 18, July 21 to 25 and one from July 14 to 25.

North of Banff is Jasper national park, a 4,200-square-mile parkland of ice-clad peaks, valleys, swift rivers and tranquil lakes and flowery alpine meadows.

Heart of the park is Jasper and three miles away is Jasper Park lodge. Both have the advantage of being situated in the widespread Athabasca valley. The mountains are all around but never crowd so close as to make the vacationer feel hemmed in.

Rendering Liquid Honey Crystal-Free By Heating

Suppression of the natural tendency of honey to crystallize is prerequisite to marketing it as liquid honey. Usually, some form of heat treatment is applied to reduce the number of crystal nuclei which if not destroyed act as growing points for future crystals. Unfortunately, honey is a heat-sensitive product and tends to darken and lose flavour when overheated.

A further complication stems from the fact that the size of crystals in unprocessed honey varies considerably. Obviously, the amount of heat required to melt a crystal is directly related to its size.

In experiments at the Bee Division, Central Experimental Farm, Ottawa, samples were taken from an alfalfa honey containing coarse crystals and from another lot of the same honey containing fine crystals. For the various treatments the samples were heated rapidly to a pre-determined temperature. Some were removed as soon as the crystals were reduced to sub-visible size while others were held at that temperature for successively longer intervals.

Examinations of the stored samples indicate, reports G. H. Austin, that at each temperature tested a certain minimum holding time is necessary for all crystal nuclei to be destroyed. With the coarse-grained honey tested, the relationship appears to be as follows: 160 deg. F.—25 minutes; 170 deg. F.—10 minutes; 180 deg. F.—5 minutes; 190 deg. F.—2 minutes.

There has been no evidence of regrowth of crystals in any of these samples after four months' storage.

It should be emphasized that in the above treatments the honey was heated to the indicated temperature in a matter of seconds and after being held for the indicated interval, was cooled just as rapidly back to room temperature.

State of Missouri has 23 state parks.
3047

The lodge, ideal for the loafer, is a village of bungalows set on the shore of beautiful Lac Beauvert.

Here is where the holidayer from the trail, back from the golf course or tennis court can refresh himself with a dip in the open-air swimming pool, or enjoy a concert or dance, motion picture show, bridge, settle down with a book, or join in conversation.

Jasper offers every challenge the most expert alpinist can ask. Seventy per cent. of the highest summits lie within the park or may be reached with Jasper as a base. Alpine club camps are held frequently in Jasper and independent climbers turn up every year.

Ask Any Farmer

The hardest thing on a farm, I think, is trying to teach a calf to drink. You pull and haul, get his head in a pail—He'll stand there and twist and wiggle his tail—Till, the very first thing, kerplunk! goes his nose—And most of the milk goes over your clothes! Hang on to your patience, your teeth you must grit; If you can't hold your temper, you might as well quit! For wise old Dame Nature whose methods don't fail, Never meant for a calf to drink out of a pail! Back him into a corner and straddle his neck—He won't damage you much; you're already a wreck! Just give him a finger . . . and maybe with luck, That little old calf will start in to suck! Pickup your bucket and push his head down—Away you both go again, round and around! Do this for a week — with your back in a kink, And maybe by then you will teach him to drink! —Ex.

Finds Stolen Car By "Smell"

MINNEAPOLIS, Minn. — When Wilbur Kellison, of Sioux City, Ia., reported to police he left his automobile in a downtown parking lot recently and couldn't remember which one, the cops picked up the scent right away.

Kellison had left 500 pounds of fish in the car's trunk.

Weekly Tip

BURNT SPOTS

To remove burnt spots on granite cover the spots with a teaspoonful of soda and a little water and heat it. Never scrape with a knife.

Drive With Care!

VIRGIL



By Len Kleis

PRISCILLA'S POP — The Bookie-Worm



—By Al Vermeer

Water Wisdom!

NOW



LATER

IF YOU UPSET - HANG ON - WITH HEAD ONLY ABOVE WATER - IF YOU TRY TO CLIMB UPON CANOE, YOU WILL PUSH IT UNDER AND IT WILL ROLL!

Courtesy Red Cross Water Safety

Good Care Can Preserve Your Leather Belts

By ELEANOR ROSS

Hints and suggestions, starting with some idea on what has become a major accessory item, the belt. In fact, many of us are becoming belt collectors just as we collect scarves, gloves and costume jewelry.

Those beautiful leather belts, now so popular, should be given some good care as other leather items, since polishing adds to their lustrous appearance and to their longevity. And those handsome belt buckles should receive good care, too, as should any other metal ornamentation. To do this, give the metal parts an even coating with a thin layer of colorless nail polish and there'll be nary a hint of tarnish or a scratch.

Belts made of the same material as the garment should be given the same care as suggested by the manufacturer for the garment itself. When a belt is not in use, don't let it remain on garments, but hang it up by the buckle. Letting it remain in the garment belt loops isn't good for the garment or the belt. If hanging isn't convenient, roll the belt so that it doesn't crease or bend—never fold it.

Moving into the kitchen, we would like to suggest that the can opener, often a housewife's best friend, get good care. It should be kept spotlessly clean, but is only too often overlooked.

Wash with soap and hot water after each use. Food left on the blade may spoil, contaminating food as other cans are opened. For the cutting wheel type (wall or hand model) use a soapy brush on the cutting edge. And every now and then treat this type to a quick sink-soaping without soaking. Oil the mechanism at intervals.

And don't let the idea of some experts about not washing the salad bowl alarm you. Contrary to all such talk, a salad bowl can be washed without any harm. Just don't immerse or soak in water, but use warm suds and a cloth for painted or lacquered bowls, and a soapy brush for unpainted ones, then rinse and wipe dry.

In brightening up the home don't overlook cleaning that best and most inexpensive of all house brighteners, the house plant. Soot and dirt should be washed off house plants to permit the leaves to "breathe" and so flourish.

Protect earth in the pot with a piece of round plastic or waxed paper slit at one side and slipped around the stem.

Dip leaves into warm soapsuds, then into rinse water.

Wipe broad leaves with a sudsy cloth, then rinse cloth.

For very delicate foliage, use an atomizer or spray to apply the soapy solution and rinse water.

Let plants dry away from sunshine.

Big Fish Caught At Great Slave Lake

Anglers who seek their sport at Great Slave Lodge, a deluxe fishing camp 100 miles east of Yellowknife, Northwest Territories, find their wilderness facilities include running water and sewage, excellent food, guides, skiffs and canoes. A return flight from Yellowknife to the camp is part of the package. The price: \$500 per person per week.

The trout they catch weigh from 40 to 60 pounds. The camp, owned and operated by Leonard C. Morris of Cody, Wyoming, is located on the Talthelei Narrows in the East Arm of Great Slave Lake.

Mackenzie Lodge, in the same territory, offers fishing vacations too. It is reached by cabin cruiser, and accommodation consists of snug Arctic army tent cabins. Rates are \$300 per person per week, or \$50 daily, including the use of boats and guide service.

TOKYO. — Japan is the land of cherry blossoms, kimonos — and bicycles. The Japanese pedal a lot themselves, and lately they have gone crazy betting on the bike races.

Last year they bet the equivalent of 150 million dollars in city owned pari-mutuels. What the outlawed bookies got is not known.

At one recent race upset, bookies at the track started screaming "it was fixed! It was fixed!" Equally outraged bettors started a fire and attempted to burn the place. The government slapped a three months moratorium on bike racing to let things cool down.

As a business, bike racing tops every other amusement in Japan, including movies, baseball, boxing and horse racing.

The money bet last year was exactly 10 times what Japan is spending on her new national safety force.

All the racing and the pari-mutuel betting are run by the cities — 63 of them so far. Of the take, 75 per cent. goes back to the bettors, 15 per cent. is used for expenses and the cities take 10 per cent. The cities use the money for regular revenue, to build schools, pay salaries and keep down taxes.

By Len Kleis

You sit around reading the evening paper, shaking your head in dismay over the auto accident or plane crash that's holding the headlines. You're in your own living room, safe at home—or so you suppose. But, warns the National Safety Council, a house has hazards too.

Statistics show this statement to be alarmingly correct. Each year thousands are killed and millions are injured in home accidents. So if you'd rather be safe than sorry, you'll be interested in the words of warning the council offers in "When You Build or Remodel", a booklet of safety suggestions for home owners.

The opening article offers advice on choosing a site. There are recommendations on exterior planning, too. For example, be sure the driveway is arranged so that bushes and shrubs don't obscure the entrance and exit. Plan any entrances to the house with handrails, because steps get slippery in icy weather, and a rail may save some member of the family from taking a bad fall. Handrails are important indoors, too, on any staircase that has more than two steps.

Be careful about doors, warns the booklet. Make sure they don't swing into normal traffic lanes or open upon stairways or stair landings. Give some consideration to indoor play areas for the children. They shouldn't be in the path of normal traffic.

The design of storage facilities is another vitally important item in planning for a safe home life, the booklet points out. Overcrowded closets can create many hazards. Frequently used articles should be placed where they can be reached by the person of average height standing on the floor. Garden tools, outdoor equipment and such items as bicycles should be stored at ground level. Poisons, of course, must be placed out of the reach of children.

Japanese Bet Huge Sums On Bicycle Races

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By Len Kleis

—By Al Vermeer



Short Story —

"Middle-Aged Man of Means Would Like to Meet Respectable Lady, 30-40"

By E. SHEPPARD

NAN KENNEDY peeked through the curtains, looking anxiously down the street. She didn't know whether she was relieved or sorry. She paced up and down her room, her hands twisting together.

After all, she was doing something unorthodox, asking Lester Thompson to call. "What would he think? Regularly twice a month for two years, he had asked her to the movies, and those were red letter days highlighting the dullness of 10 years of school teaching. Lester was a fairly youthful edition of the proverbial absent-minded professor, and she was counting on his interest in crossword puzzles and conundrums; in fact, he had seemed genuinely interested in helping her.

She had merely said that she had a peculiar problem, and could he—would he—that is, did he think he could call around this evening? Would she be trespassing on his kindness?

Now Nan caught sight of Lester and flew downstairs to intercept him before her fellow lodgers came out to peer and, later, behind closed doors, to conjecture . . .

She nervously convoyed him up and he sat himself comfortably on the sofa. Now that he was here, Nan didn't know what to say, how to start.

"W-won't you take off your coat?" she suggested, her voice almost a whisper.

"Oh, yes," he laughed. "I forgot. Let me hang it up. Now," he said, like a doctor who hasn't much time, and will the patient come to the point?

And, like a patient who had memorized a little speech on her symptoms, the pressure of let's-not-waste-time scattered the rehearsed words.

"You will probably laugh," she began. "I mean, I thought it might be a lark—you know, psychology—people's reaction; also, it's so—you can never tell the result, can you?"

"I—I am afraid I do not understand," said Lester.

Nan swallowed. This was awful. "Lester," she said determinedly, "Do you ever read the personal columns of the paper?"

"Sometimes. Why, Nan?"

"Well, I came across an advertisement I thought I would answer. But I wanted your advice first."

"Advertisement? Are you a long-lost relative? By all means, answer; you might come into a fortune. Frankly, I envy you—you don't know what it's like to be poor all the time."

"Don't I!" Nan interrupted. "But it's not that kind of ad. Here, read it—" She thrust a paper under his nose. "Middle-aged man of means would like to meet respectable lady, 30-40, for companionship, and ultimately marriage, if suitable. No triflers."

Lester jumped to his feet. "Nan!" he exclaimed. "Do look out. It might be a racket."

"But, Lester, he might be sincere. It probably isn't a dignified way to get married—"

"There must be something wrong with him." Lester sat down, brooding. "Anyone who goes in for that sort of thing . . ."

"These are my answers," she said. "Which do you like best?" She started to read: "Dear Sir: I am not a trifler. I am 32 years old, not a beauty, but believe I have a kind disposition. I am lonely, and would suggest that if we try one another's company, it might work into at least affection, if not love. I—" She broke off.

GEMS OF THOUGHT

SIMPLICITY

Oh, what a power has white simplicity!—Keats.

The teachings of Jesus were simple; and yet he found it difficult to make the rulers understand, because of their great lack of spirituality.

—Mary Baker Eddy.

Simplicity is an exact medium between too little and too much.—Sir Joshua Reynolds.

Beauty of style and harmony and grace and good rhythm depend on simplicity.—Plato.

To see a thing and tell it in plain words is the greatest thing a soul can do.—Ruskin.

Simplicity of character is no hindrance to subtlety of intellect.

—John Morley.

HEALTH

Cheaper Cuts Of Meat Just As Good For You As Expensive Steaks

There is good news for the budget-minded in the statement that the food value of cheaper cuts of meat is just as high as that of the more expensive ones. Miss Florence Swan, nutritionist in the Maternal and Child Health Division, New Brunswick Department of Health, is authority for the statement. She says that meat offers one of the best opportunities homemakers have of saving pennies by wise shopping.

"All muscle meats have practically the same nourishing qualities, the advantage, if any, being in favor of the less tender cuts," advises Miss Swan. "Such cuts may be made tender and tempting by slow cooking and combining with vegetables and seasonings in casseroles, meat loaves, meat pies, and the like. If cooked in these ways, a small amount of inexpensive meat will satisfy the family appetite and help to reduce meat bills."

The New Brunswick nutritionist recommends such cuts as chuck breast of veal, shoulder of lamb, chopped meat, and stew meat from the neck and shank. With the exception of chopped meat, these all need slow cooking; and this may appear to be a problem to women who work and reach home just before the dinner hour. Miss Swan suggests that in such households, provided there is refrigeration, meat requiring longer cooking can be partially cooked the preceding day and then given its final cooking a short time before eating.

"Soups and stews are popular, but while they save time and work, they have disadvantages," adds Miss Swan. "They usually contain meat with considerable fat, and vegetables cooked with fat are not suitable for children. Vegetables cooked in this way are often overcooked with unnecessary destruction of vitamins. And there is the further point that the quantity of vegetables per person is usually less than a serving of vegetables cooked by themselves."

Another way to keep meat bills small is to plan the week's menu with meat on three or four days, fish at least once, and eggs, legumes (beans or peas), or cheese at least once. Nuts also may replace meat to a certain extent.

HOME HIKING

Very few people realize the mileage they cover during the average day's routine. The housewife actually walks miles in her daily work around the home. Therefore, the footwear worn during such activities is more important than that worn for an evening's entertainment. High-heeled, tight-fitting shoes, or, in contrast, loose sloppy old slippers are bad for the feet. Shoes with sensible heels should be worn to support the foot and protect not only the feet but also the back. And, since tired feet usually cause tired and tense lines in the face, ill-fitting shoes are no beauty aid.



FOR THE SOUL—Lou Brissie, pitcher for the Cleveland Indians, seems to be concentrating on some soul-soothing before the sweat of a game, as he listens to music played by the Cleveland Summer Orchestra. The idea being tried out is a combination of two events, and this was the first of 12 pre-game "pop" concerts for baseball and music fans.

Accurate Spacing of Wall Studs Can Reduce Wastage

Canadian house builders who are trying to hold costs down by the application of more efficient building methods, will find one of the answers to this complex problem in a report prepared for the Central Mortgage and Housing Corporation by the Division of Building Research, National Research Council, Ottawa.

Basing its conclusions on a survey begun in 1950 and continued throughout the 1951 building season in nine cities from Vancouver to Halifax, the Division of Building Research has found that while factory-made building materials are designed to a 16-inch model, it is reasonable to expect that the spacing of up to 34 per cent. of the studs in the exterior wall area of the average frame house is such that these materials cannot be used without excessive cutting and resulting waste in materials and labor.

Check Cause Of Fatigue

Fatigue is one of the greatest destroyers of beauty. The damage it does can be lasting. If you're a tired-out housewife and mother without enough energy to enjoy your family, have a checkup with your doctor, of course, but also look into your everyday pattern of living.

Are you overambitious in your housewifely tasks? Far better to schedule fewer chores for yourself and have time enough in which to do them.

Do you plan enough recreation for yourself? Take time out for friends, hobbies, community activities and just plain resting.

Do you habitually work in a poor light or have your work surfaces at the incorrect height?

Is your home kept too warm?

How is your posture when standing and sitting?

Do you habitually skip breakfast and/or lunch?

Are you all day nervously chasing an hour lost in the morning because you didn't get up on time?

Do you let other members of the family help you out with regular jobs assigned to them, or are you a mother inclined to say, "Oh, I'll do it myself!"

Do your clothes fit you too tightly in spots so that there is pressure on nerves?

How well do your shoes fit, and do you wear arch-supporting shoes while doing housework?

You might check yourself on all these questions to help find the causes of your fatigue and take steps to erase them.

Volcanoes may lie dormant for hundreds of years and then break out with great violence.

It is generally believed that two-inch by four-inch wall studding is erected at a regular spacing of 16 inches center-to-center in common Canadian frame building practice. This spacing is now required by most building codes. Manufacturers of building products such as thermal insulation, wallboards, lath and wall sheathing, have designed their products for application to studding at this standard spacing. In theory this arrangement is expected to produce economies in materials and labor and better performance from the materials used. In actual practice, the survey of 77 typical present-day houses disclosed that the percentage of wall area having studding at exactly 16-inch centers varied from a low of 18.8 per cent. in one house to a high of 67.3 per cent. in another.

Although 16-inch spacing of studding is generally the aim of the builder, a certain divergence can be tolerated without giving rise to too serious consequences. With studding spaced between 15½ inches and 16½ inches, most building materials can be used without lowering their performance or adding to wastage.

According to the Division of Building Research, the first step toward a solution of the problem is the adoption of the modular co-ordination concept in the design of domestic buildings. "The product of the workman depends on the product of the designer. Unless the floor plan for the house is designed on the 16-inch (or some multiple) module, and unless the doors and windows be selected to suit the same module, it will never be possible to place all studding at the desired nominal spacing, no matter how proficient the workman."

Modular co-ordination is described in the report as a very simple aid to building design consisting essentially of no more than designing all the fixed components of a building, and the lay-out of the building itself, on the basis of a four-inch module. "Simple in theory, it naturally requires care in its application."

The report concludes with the statement that no attempt has yet been made to evaluate the extent of the waste involved by the wide divergencies from standard stud spacing "but it must be considerable." The Division of Building Research is continuing its studies in this field and will probably publish a report of its findings when the work is completed.

On The Side : - By - E. V. Durling

Maybe It Pays To Be Helpless

It was Marie Corelli who said, "In affairs of love, a woman is perhaps most easily ensnared by a man who can combine passion with pleasantness, and hot pursuit with social tact and diplomacy." . . . Women are clever, perhaps slightly more so than men, but why is it that practically no female can properly sharpen a pencil, read a racing form or a timetable, or properly park an automobile?

Unnecessary Speed

What is the advantage of having an automobile that can go from 30 to 90 miles an hour? Where on this continent can you go over 60 miles an hour and not break the law? Even on the New Jersey turnpike the speed limit is 60 miles. It is strictly enforced. Fine is \$1 per mile for every mile the speed limit is exceeded, plus court costs of \$4 to \$5. So speeding at 80 miles an hour calls for a fine of \$20, plus court costs. Seems to me the automobile manufacturers should go in for stronger bodies on cars and place less emphasis on speed.

Feminine Doubletalk

How many languages do you speak or understand? Do you understand the female language? If so, what is the translation of the following from an account of a wedding? "The bride has selected a wedding gown of blushing pink mousseine de soie over satin, appliqued with lace, and featuring a chapel-length train. Her full illusion veil will be held in place by a matching cloche."

What Next, Gentlemen?

For the past year the claim that the female is the superior sex has been constantly commented upon by innumerable feminine writers. On several occasions I reported to our male clientele that I viewed this situation with alarm. That I feared it was being taken too seriously. How right I was, gentlemen! One manufacturing firm recently replaced all its male executives with females. Reason given for this move was that "women have more sense than men."

Scandinavian Distinctions

Subscriber named Johnsen says she is a Norwegian. She says it can be determined whether a person is a Swede, Norwegian or Dane by the way the ending of name is spelled. If it is "Sen", the person is Norwegian or Danish, as in Johnsen, Olsen, Andersen. If ending is "Son", as in Olson, Johnson, Anderson, the person is Swedish. Very interesting. But how about Carl Brisson, the debonair Dane, who was born in Copenhagen? Should his name be spelled "Brisson"?

With Tempers to Match

When it comes to red-haired beauties, it is difficult to top the Scotch lassies. There are more red-haired women in Scotland than in any other country in Europe. This brings to mind that the last time I was in Victoria, British Columbia, I dined at a hotel managed by a Scot. All the waitresses at this hotel were red-haired. Natural redheads, too.

Clear Case of Gluttony

Nobody has a greater admiration for the intelligence of dogs than I. Yet I must admit when it comes to eating, few dogs display much sense. As for example, take a Great Dane pup named Scheherazade. This pup weighs five pounds. Recently she stole a six-pound ham and ate five pounds of it! So this canine glutton was swollen up to twice its size and for a period was a very sick dog.

OUR COMPLETE SHORT STORY—

Spikes In the Dust

The Ball Crashed Into O'Toole's Temple and Spikes Glistened In the Sun.

By VINCENT LUNNY

JERRY BELL gobbled up a bad-hopping grounder, and tossed the ball to second base for a force play, ending an inning in the Hawks' practice game.

"That's the old pepper!" shouted Phil Weston, second baseman. "You'll be in the lineup regularly with me yet." The fledgling shortstop didn't answer but his jaw jutted out. A raw-boned kid with swivel hips and an arm like a whip, Jerry had ridden into the league on tons of printers' ink.

But the ballyhoo was not for Bell alone. Joint beneficiary of the praise was the kid at second base who had completed the play. Bell and Weston had played together in the minors, nurtured as carefully as hothouse plants for their big league debut. The experts rated them the best key-stone combination to come into the majors in years.

Weston made the team easily, the Hawks had not started Bell yet in a league contest. A wild Irishman named Pat O'Toole clung to the shortstop position. He'd hit 26 homers last season and stole 30 bases — so what were the Hawks to do?

"Still trying, eh, kid," said Pat O'Toole as Bell came into the dugout. "Yeah, you're darn tootin' and I'll be in there every day yet," Bell replied, his voice rasping like spikes on a cement floor.

"Says who? Think you're pretty good, eh?"

"Yeah!"
"Weston and I've been playing in the Hawk chain for four years," Bell said with malice. "And we'll be playin' here when you're outa the league."

"Why, you fresh punk . . ."

STOP the ITCH of Insect Bites—Heat Rash

Quick! Stop itching of insect bites, heat rash, eczema, hives, pimples, scales, scabies, athlete's foot and other external causes of irritation. Use quick-acting, soothing, antiseptic D. D. D. PRESCRIPTION. Greaseless, stained. Stop itch or money back. Don't suffer. Your druggist has D. D. D. PRESCRIPTION. 1-9

Fashions

Half-Size Style!



4849 14½—24½

by Anne Adams

Half-sizers! Here's an air-copied fashion designed especially to flatter your short, fuller figure. It has a brief bolero to whip on or off according to the whims of the weather! Proportioned to fit—no alteration problems!

Pattern 4849: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ dress 3½ yards 35-inch; bolero 1 yard.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (85c) in coins (stamps cannot be accepted) for this pattern. Write plainly size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept., Prairie Publishers Limited, 60 Front Street W., Toronto.

THE TILLERS



Home Workshop



Make Them Yourself

You can make reproductions of these Early American designs by tracing the actual size pattern directly on to the wood and then cutting them out with a coping saw. Also directions for assembling and finishing are on Pattern 231. Price of pattern is 35 cents.



An Easy-To-Make Bed Head And Storage Chest

This storage chest is used as a head piece for a box spring with legs; or any bed of this general type. The front drops down revealing removable trays for linens and two big blanket bins; allowing access without disturbing a made-up bed. Ask for Pattern 383, enclosing 35 cents with order.

Send thirty-five cents (35c) for each pattern. Write plainly Name, Address and Number of Pattern. Send orders to:

Home Workshop Pattern Service, Prairie Publishers Limited, 4433 West Fifth Ave., Vancouver, B.C.

guys think?" Several players nodded. "Well, I'll be darned," O'Toole paused. "It was a pure accident. The ball hit me on the temple. As a matter of fact, it caromed off the thumb of my glove. I fell into Bell's spikes."

The room was alive with chatter. Amble was offering to buy Bell a dinner up town.

"No, you don't," said O'Toole. "Not tonight. The dinner is on me. I haven't thanked Jerry for the transfusion yet. You'll have lots of chances to treat Bell. The doc said today I can't play for quite a while so I guess he's going to be your regular shortstop."

He looked at Bell. "C'mon, kid, hurry up."

But Bell didn't hear. He was too busy listening to Amble telling how a team like the Hawks couldn't miss winning the pennant.

(Copyright Wheeler Newspaper Syndicate)

Drive With Care!

Use Washable Wardrobe When Travelling

Whether your summer travel plans include plane, boat, bicycle or car, you'll find a washable wardrobe will make your days delightfully care-free.

The list of soap-and-water fabrics is endless, but be a wise travel shopper and hunt for the crease, wrinkle, and mildew-resistant finishes. And with a little forethought, it will be simple to minimize your laundry time.

For one thing, try to suds out soiled clothes in tiny batches. Let your gloves or blouses absorb suds while you're showering. When you step out of the tub, rinse your laundry, paste gloves or hankies to the sides of the tub or tile wall and hang your blouse over a hanger. Tuck a small sheet of plastic or a towel over a metal hanger before using it for damp clothes.

Soiled petticoat or fluffy dress hems can be soap-spotted before you rehang them. A towel, soap and water are all the materials needed. If a bowl is handy, make up a thick or "dry" lather to work with—going over the inside and outside of the hems.

Terry cloth, denim, and heavy seersucker require an absolute minimum of ironing and are durable for beach, extensive hiking, and exploratory trips.

Turnabout clothes designed to keep you glamorous at night as well as in the daytime are also helpful. These vacation wearables serve as nighties, pyjamas and lingerie—and then turnabout to function as sport and casual afternoon clothes.

If you're vacationing by automobile, you might want to stow one of the new compact travelling ironing boards into the trunk compartment. It's a combination sleeve and regular board and folds into a tight 24-inch section. Another folding item that slips into a suitcase or roomy handbag is the collapsible umbrella.

With a well-planned, basic and washable wardrobe, you can look smart and well-groomed whatever you wear—wherever you go.

USEFUL

Down in a rural community a road gang, their number sadly depleted by the attractions of a county fair playing nearby, was trying to repair a rutty highway. Presently, into the foreman's ken walked a debagged, bewhiskered gentleman of the road. The foreman wondered if he could persuade the Weary Willie to do a little work for him.

When the tramp came abreast of the workers, the boss held up a shovel and called out to him, "Can you do anything with this?"

Weary Willie grinned.

Without appreciably slackening his pace, he rejoined. "Yep, I can fry ham on it!"

Do You Know That...

The border between Canada and the United States, longest unfertilized frontier in the world, is 2,198 miles of water to only 1,788 miles of dry land.

Funny and Otherwise

It was discovered, just at closing time, that a parcel of 20 £100 notes was missing at the bank. The staff worked all night trying to find them.

The next day, Doreen, a new girl clerk, walked into the bank to begin her daily duties. She was asked: "Doreen, did you see a parcel of £100 notes?"

"Oh, that! Why, I just took them home to show mother the kind of work I'm doing?"

Two disgruntled farmers liked to grouse to each other.

"Never did see hay grow so short as mine this summer," sighed one.

"You think yours is short," answered the other. "I had to lather mine to move it!"

Visitor—What are you looking for with all these experiments?

Professor—A universal solvent.

Visitor—What's that?

Professor—A liquid that will dissolve anything.

Visitor—That's wonderful. And when you find it, what are you going to keep it in?

Mother: What do you mean, Bobby, you're getting \$50,000 for that mongrel pup of yours? I suppose it's all cash.

Bobby: Well, not exactly. I'm trading it for two \$25,000 kittens.

He—Do you love me darling?

She—You know I do, Harry.

He—Harry? My name's Sam.

She—Of course! I kept thinking today is Monday.

"Will you marry me?" asked the young man hopefully.

"Why, you couldn't keep me in handkerchiefs," replied the girl scornfully.

But the suitor was not discouraged. "Well," he said calmly, "you don't expect to have a cold for the rest of your life, do you?"

Shopper: I notice you have your window full of musical instruments and pistols. Isn't that an odd combination?

Pawnbroker: No, it's good business. Somebody buys a musical instrument, and a day or two later some of his neighbors come in for pistols.

A very old judge, known for the speed with which he disposed of cases, was asked by a friend to explain.

"I always listen to plaintiff, and then I make my decision."

"You never listen to the defendant?"

"Well, I did at first, but I found out it confused me."

"At last, my angel," said the just-married man, "we are really and truly one."

"Theoretically, yes," rejoined the modern bride. "But from a practical standpoint it will always be advisable to order dinner for two."



MACDONALD'S Fine Cut

Makes a better cigarette

—By Les Carroll



Level Land

Mr. and Mrs. Raymond Triebwasser of Balzac spent July 25 with the S.D.A. Church.

Mrs. E. Dahlke of Calgary spent July 25 with the S.D.A. Church.

Mrs. George Fox of Calgary was a weekend visitor with the S.D.A. Church.

Mrs. E. Redgrove of Calgary visited with relatives and friends in the district July 25th.

Mr. and Mrs. Wes Berreth of Calgary spent July 25 with the S.D.A. Church and their parents, Mr. and Mrs. Emil Berreth.

Pastor and Mrs. Follett and Pastor C. C. Voth of Calgary spent July 25th with the S.D.A. Church

Sam and John Leiske and Jacob Gimbel attended the annual meeting of the Seed Cleaning Plant last Thursday at Rosebud.

Miss Lillian Ellis and Mrs. E. Ellis of San Diego, California and Mrs. Florence Pomeroy of Los Angeles, California were visitors at the S.D.A. Church.

Mr. and Mrs. F.A. Tetz, Mr. and Mrs. David Tetz, Mr. and Mrs. Theo Tetz, Mr. and Mrs. Sam Leiske, Mr. John Leiske, Mr. Jacob Gimbel, Mr. and Mrs. D. Gimbel of this district attended the funeral of their aunt, Mrs. Sam Leiske of Lacombe.

Obituaries**PIONEER OF THIS DISTRICT DIES AT LACOMBE**

The funeral of Mrs. Jacobine Human Leiske was held at Canadian Union College Chapel at Lacombe on July 23rd. Mrs. Leiske was born in Russia 82 years ago, and was married to Andrew Renschler in 1895 in South Dakota and came with her husband to the Level Land district in 1908. Mr. Renschler died in 1909. Later she married Sam Leiske and in 1941 they retired in Lacombe.

She is survived by her husband, Sam Leiske of Lacombe; one son, Fred Renschler; one daughter, Mrs. H. Leiske; one brother, Henry H. Human of Dun

do, California; two sisters, Mrs. Rose Nathan of Lacombe and Mrs. Jacob Gimbel of Calgary.

Pastor I. Follett of Calgary officiated and burial took place in Lacombe cemetery with Lacombe Funeral Home in charge.

Mr. and Mrs. A. A. Roth of Calgary and Mr. Chris Roth of this district returned after attending the funeral of their niece, Mrs. Amelia Seibel, wife of Jacob Seibel of Jamestown, North Dakota. Their sister, Mrs. Peter Beckota.

Their sister, Mrs. Peter Beckota was also injured in the car accident which fatally injured Mrs. Seibel. It was a head on collision with another car on a main highway.

Mrs. Seibel was well known and about 1100 people attended the funeral.



By Dr. F. J. GREANEY,

Director,

Line Elevators Farm Service,

Winnipeg, Manitoba.

Sponsored by the following companies:

Federal, Alberta, Arctic, Flin Flon, Canadian

Co-operative, Paterson, McCabe, Parrish &

Wainbecker, Inter-Ocean, Independent

Ellis, Milling, Canada West and Quaker

Oats.

ERGOT CONTROL NEEDS ATTENTION

The ergot disease of rye and other cereals is becoming a serious menace to grain crop production in Western Canada.

Export Markets Affected. According to the Grain Division, Department of Trade and Commerce, Ottawa, grain authorities in Belgium have become seriously concerned with the amount of ergot in shipments of Canadian rye. On June 25, 1953, the Belgian government commenced rigid enforcement of laws forbidding the importation of rye containing ergot. As a result, some Belgian grain importers have already refused to purchase Canadian rye because of the amount of ergot it contains. In plain words, ergot is reducing the export demand for Canadian rye.

Ergot Control. Rye is particularly susceptible to ergot. As none of our present varieties are resistant to ergot, farmers must depend upon cultural practices to control this disease. The most important of these are: (1) the use of ergot-free seed, (2) crop rotation, (3) deep plowing or cultivation of the stubble, particularly when the crop has been severely attacked by ergot, to bury the fallen ergot bodies deeply in the soil, and (4) early cutting of wild and cultivated grasses.

The ergot control measure we want to emphasize at this time is the *early cutting* of susceptible wild and cultivated grasses (brome, quack grass, blue grass, etc.) growing near grain fields. These should be cut soon after they come into head. This will prevent the formation of ergot bodies in the grass heads. The spread of, and possible losses from, ergot can be reduced appreciably by keeping headlands and roadsides adjacent to grain fields free of wild and cultivated grasses.

Let there be no mistake about it: if Canada is to maintain its reputation as a producer of high quality grain crops, more attention must be paid to ergot control in Western Canada.

BEISEKER SPORTS AUG. 5th

Beiseker's 35th Annual Sports Day will be held on Wed., Aug. 5th. There will be the usual big parade followed by Baseball, Horse Racing, Children's Races, etc. followed by Dance at Nite featuring Cliff Harvey's music. See posters for particulars.

CANCER INDUCERS

There are many agents which can cause skin cancer, including ultra violet radiation, arsenic, some oils and some forms of tar. The worker whose job entails handling any of these materials should report to the doctor at any sign of skin irritation or disease. The majority of firms whose employees are exposed to injurious substances have medical services to protect their staffs.

GET OUT AND VOTE ON AUGUST 10th**W. D. MacDonald on CFAC**

Following are times of broadcasts for W. D. MacDonald's Radio Addresses on CFAC, Calgary:

August 3rd—7:30 to 7:35 a.m.	12:10 to 12:15 noon.
August 4th—	12:10 to 12:15 noon.
August 5th—7:30 to 7:35 a.m.	
August 6th—7:30 to 7:35 a.m.	6:50 to 6:55 p.m.
August 7th—7:30 to 7:35 a.m.	7:15 to 7:20 p.m.

You gave him this job to do
and St. Laurent is getting RESULTS!

In 1949 the Canadian people expressed their confidence in St. Laurent and the Liberal program. This glance at the record reveals some of Canada's tremendous accomplishments under St. Laurent's leadership. No other country has fought a war, balanced its budget, reduced its debt, cut taxes—all at the same time.

Now there's another big job ahead. And Louis St. Laurent has proved that he, more than ever, is the Canadian best fitted to do the job.

Promoting employment and prosperity

More Canadians working, for higher pay, than ever before... New records established in national production, national income every year since 1949.

Developing our trade

Old markets expanded, new markets opened up... Canada third largest trading nation in world... External trade at all-time high... Negotiated mutual tariff concessions with 34 countries—a practical way of freeing international trade.

Expanding our Industry

Liberal policies have encouraged rapid economic growth... Unprecedented development of resources... Consumer purchases doubled since the war... Investment in new plants and equipment running over \$5 billion a year.

Strengthening our dollar

Budgets balanced... National debt reduced... Inflation brought under control... Taxes lowered... Canadian dollar strong.

Supporting farming and fishing

These basic industries aided by trade agreements, floor prices... New low-cost insurance plan assists owners of smaller fishing vessels... Farm production and income at record levels.

Fostering good labour conditions

New federal legislation prohibits discrimination on grounds of race, colour or religion... Unemployment insurance extended to cover seasonal lay-off of workers... Special efforts to help disabled workers to find useful and satisfying employment... Time loss from strikes at low point.

Working for National Security

To prevent aggression, Canada's forces serving in Far East and Europe... Canada making major contribution to NATO defence build-up... Largest peacetime defence program in our history... Full support to United Nations... all to preserve peace.

A Great Leader for a Greater Canada

VOTE
ST. LAURENT

NATIONAL LIBERAL FEDERATION OF CANADA

**UNEMPLOYMENT INSURANCE BENEFIT PAYMENTS CONTINUED DURING ILLNESS****EFFECTIVE AUGUST 3rd, 1953**

Benefit will be paid for days of illness, injury or quarantine, if claim has been filed and waiting and non-compensable days served.

If you are on claim and are unable to report because of illness, injury or quarantine, write immediately for full particulars to the nearest

NATIONAL EMPLOYMENT OFFICE

UNEMPLOYMENT INSURANCE COMMISSION

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